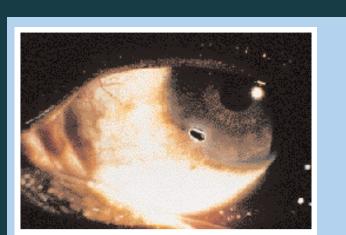
# Injuries

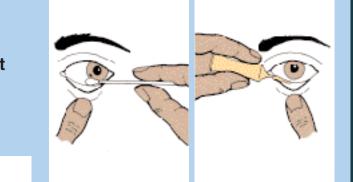
Example

**Condition/Treatment** 



#### **Foreign body**

- Remove foreign body gently
- 2 Apply antibiotic eye ointment 3 Check the following day

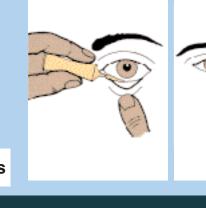


Refer if unable to remove



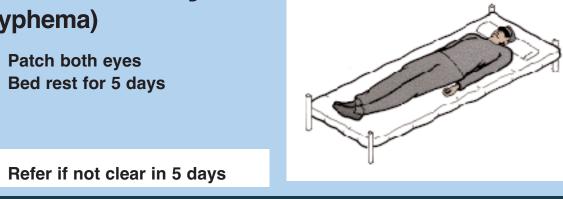
#### **Corneal scratch**

- 1 Apply antibiotic eye ointment 3 times per day for 3 days
- 2 Apply sterile dressing
- Refer if no improvement in 3 days



# **Blood inside the eyeball**

- (hyphema)
- 1 Patch both eyes 2 Bed rest for 5 days





#### **Lid laceration** (involving lid edge)

- 1 Check for other eye injuries
- 2 Apply sterile dressing and shield3 Give systemic antibiotics

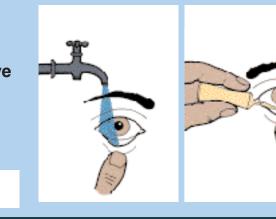






#### **Burns** (chemical or thermal)

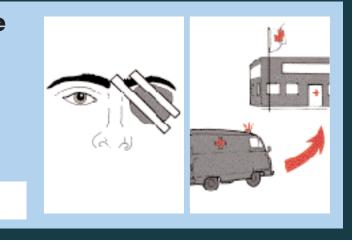
- Immediately irrigate burned eye
- profusely with clean water
- 2 Apply antibiotic eye ointment
- Refer immediately



## **Perforation of the eye**

- 1 Give NO drops or ointments
- 2 Apply shield 3 Give systemic antibiotic only
- Refer immediately

Support from The Japan National Society for the Prevention of Blindness is acknowledged.



# Prevent Blindness

through primary eye care

## Acute onset

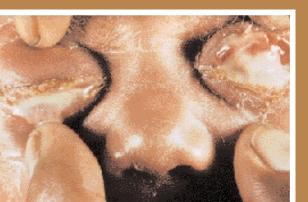
Example

**Condition/Treatment** 



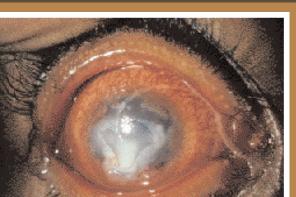
#### Conjunctivitis with pus

- Wash eyes daily 2 Apply antibiotic eye ointment 3 times per day for 7 days
- Refer if no improvement in 3 days



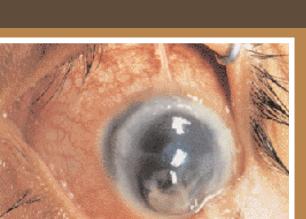
#### **Conjunctivitis** in newborn

- 1 Wash pus from eye hourly 2 Apply antibiotic eye ointment or
- drops hourly until improved 3 Give systemic antibiotics
- Refer infant and parents to clinic



#### **Corneal ulcer**

- Apply antibiotic eye ointment
- 2 Give systemic antibiotics 3 Give oral vitamin A (200 000 IU) if patient is a child
- Refer immediately



#### **Blinding** vitamin A deficiency

- 1 Give oral vitamin A capsule (200 000 IU) immediately, one
- following day, and one after 2 weeks
- Refer immediately



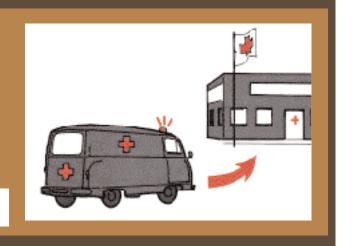
## **Painful red eye**



## with visual loss



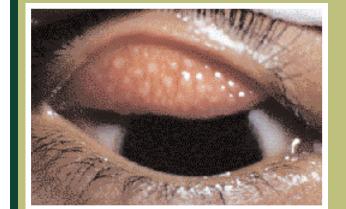
#### Refer immediately



# Gradual onset

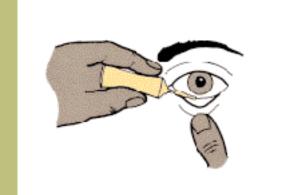
Example

**Condition/Treatment** 



#### Trachoma

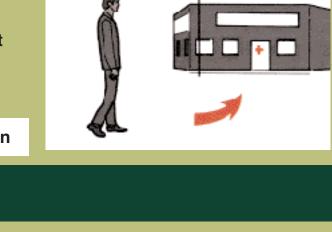
- 1 Wash face daily 2 Apply tetracycline 1% eye
- ointment daily for 6 weeks or give oral azithromycin if available
- 3 Examine all household members

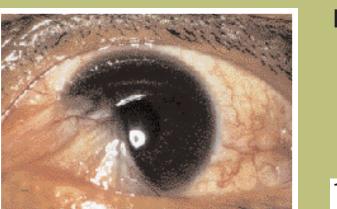




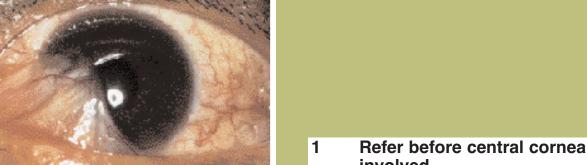
#### **Trichiasis** due to trachoma

- 1 Apply antibiotic eye ointment
- 2 Refer immediately for operation





### **Pterygium**

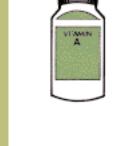






## **Vitamin A deficiency**

- 1 Give oral vitamin A (200 000 IU) immediately and every 6 months
- 2 Instruct parents to give child vitamin A rich foods daily







**Cataract** 

Refer if patient unable to count fingers at a distance of 6 metres



Refer to the clinic all patients with vision worse than 6/18

PROGRAMME FOR THE PREVENTION OF BLINDNESS AND DEAFNESS WORLD HEALTH ORGANIZATION 1211 Geneva 27, Switzerland



Never use steroids in the eye unless prescribed



Christian Blind Mission eV Printed in cooperation with CBM and its partners